

**IN AN EMERGENCY REQUIRING POLICE RESPONSE, DIAL "911"**

Nassau County Mobile Crisis Team

60 Charles Lindbergh Boulevard Uniondale, NY 11553 (516) 227-8255

**Adult Resources**

**If you need emergency psychiatric assistance, you can go directly to any of the following hospitals 24 hours a day, and obtain emergency assistance and/or an evaluation:**

- Nassau University Medical Center (NUMC), 2201 Hempstead Turnpike, East Meadow (516) 572-4775
- Franklin Hospital Medical Center, 900 Franklin Avenue, Valley Stream (516) 256-6000
- Long Island Jewish Medical Center, 270-05 76<sup>th</sup> Avenue, New Hyde Park (718) 470-7500
- Mercy Medical Center, 1000 North Village Avenue, Rockville Centre (516) 705-2248
- North Shore University Hospital at Manhasset, 300 Community Drive – Inpatient Psychiatric Service (516) 562-4725
- South Nassau Communities Hospital, 1 Health Way, Oceanside (516) 632-3000
- Syosset Hospital, 221 Jericho Turnpike, Syosset (516) 496-6500
- Zucker Hillside Hospital, 75-59 263<sup>rd</sup> Street, Glen Oaks (718) 470-8100

**Do not wait for a crisis situation to develop which requires emergency police intervention**

Instead, here is a list of local organizations and services that can provide you with help:

- National Alliance on Mental Illness (24-Hour hotline for referral, information and support, M-F 10am-6pm) (800) 950-6264
- Al-Anon (Program of recovery for families of alcoholics) (516) 433-8003
- Alcoholics Anonymous (Alcohol Self-Help Referral Service) (516) 292-3040
- Cocaine Anonymous (Cocaine Addiction Self-Help Referral Service) (212) COCAINE
- Drug and Alcohol 24-Hour Hotline (Referral Service for Inpatient Treatment Programs) (516) 481-4000
- Family Anonymous (Support for families with the problem of substance abuse in their children) (800) 736-9805
- Gamblers Anonymous (Gamblers Addiction Self-Help Referral Service) (631) 586-7171
- Narcotics Anonymous (Narcotics Addiction Self-Help Referral Service) (516) 827-9500
- National Suicide Hotline (24 hour Suicide Hotline) (800) 273-8255
- Nicotine Anonymous (Self-Help Referral Service to assist with smoking cessation) (631) 665-0527

**Mental Health & Crisis Services**

- Crisis Residential Services for Adults (516) 676-2388
- Angelo J. Melillo Center of Nassau County (631) 761-2928
- Long Island Crisis Center (24-Hour Crisis Hotline) (516) 679-1111
- Project Warm Bed (Mon-Thurs 6pm-8am; Fri-Mon 6pm-8am) (866)-927-6233
- Rape Hotline (Sexual Assault Nurse Examiner – Advocate) (516) 222-2293
- Safe Center Long Island (24 hour Domestic Violence Hotline) (516) 542-0404

**Adult Protective Services**

A system of services for persons 18 or older who because of mental or physical impairment, are at risk of harm or unable to meet their own needs and have no one to assist them responsibly, services include:

- Adult Protective Services (APS) (516) 227-8395
- Family – Type Homes for Adults (Adults who need supervision and care) (516) 227-8083
- Financial Management Services (Adults who are unable to manage their finances) (516) 227-8395
- Post Institutional Services (Dept. Mental Health & State private hospital units to ensure proper discharge) (516) 227-8488
- Preventive Services (Assistance managing their Activities of Daily Living – ADL) (516) 227-8395
- Protective Homemaking Services (Homemaking services provide in-home care service to prevent placement) (516) 227-8395

**Assisted Outpatient Treatment (AOT)**

Court-ordered intensive treatment planning consisting of an array of mental health services including, but not limited to, case management, outpatient psychiatric services, and medication management services (*Applications must be submitted by a Mental Health professional*)

(516) 227-7057

**Detoxification and/or Rehabilitation Centers (Substance and/or Alcohol)**

- Family and Children's Association, 126 North Franklin Street, Hempstead (516) 486-3222
- Hispanic Counseling, 344 Fulton Avenue, Hempstead (516) 538-2613
- North Shore Child and Family Guidance, 999 Brush Hollow Road, Westbury (516) 997-2926
- North Shore University Hospital, 400 Community Drive, Manhasset (Outpatient Detox) (516) 562-3010
- North Shore University Hospital, 888 Old Country Road, Plainview (Rehab) (516) 719-3000
- South Shore Child Guidance Center – CARE, 91 Guy Lombardo Avenue, Freeport (516) 868-3030

## Resources for Children and Adolescents

**If you need emergency psychiatric assistance, you can go directly to any of the following hospitals 24 hours a day, and obtain emergency assistance and/or an evaluation:**

- Nassau University Medical Center (NUMC), 2201 Hempstead Turnpike, East Meadow (516) 572-4775
- Zucker Hillside Hospital, 75-59 263<sup>rd</sup> Street, Glen Oaks (718) 470-8100

**Do not wait for a crisis situation to develop which requires emergency police intervention**

Instead, here is a list of local organizations and services that can provide you with help:

- Alateen (Program of recovery for teens of alcoholics) (516) 433-8003
- Good Beginnings for Babies, North Shore Child & Family Guidance Center, 999 Brush Hollow Road Westbury (516) 997-2926  
(*Support, counseling, advocacy & education for pregnant and parenting teens at the Leeds Place*)
- National Runaway Safe Line (24 hour hotline for homeless & at risk-youth) (800) 786-2929
- Brave Line: Anti-Bullying Hotline: Monday to Friday 2:30pm – 9:30 pm (212) 709-3222
- Gay, Lesbian, Bisexual and Transgender National Youth Hotline (800) 246-7743

### Mental Health Crisis Services

- Crisis Residential Services for Children (516) 489-0100 Ext. 13180
- Home Based Crisis Intervention for Children (516) 868-3030

### Crisis Services

- Child Abuse Hotline (800) 342-3720
- Nassau Haven (Emergency Short-term housing & Respite for ages 10-20 years 24 hour referral) (516) 221-1310
- PINS - Person In Need of Supervision (Service for families in crisis – truancy, gang involvement, running away) (516) 227-8404
- Walkabout (Transitional Co-Ed Housing ages 16-20) (516) 379-8251

### Advocacy

- Long Island Advocacy Center (Advocacy for students and individuals with disabilities) (516) 248-2222

### Developmental Disabilities

- Autism Speaks (Autism Response Team – Resources, Information, & Opportunities) (888) 288-4762/Spanish (888) 772-9050
- Office of Persons with Developmental Disabilities (516) 227-7057

### Respite Programs

- Caregiver Grandparent Respite & Support Program, North Shore Child & Family Guidance Center 999 Brush Hollow Road, Westbury (516) 997-2926
- Sagamore (Child & Adolescent Crisis Respite House ages 10-17) Referral Mon-Fri 8:30am-5:00pm (631) 370-1701
- Wilderness Respite Program, North Shore Child & Family Guidance Center, 999 Brush Hollow Road, Westbury (516) 997-2926  
(*Offers groups for youth at risk that emphasize outdoor activities as a gateway to mastery of social skills*)

### Care Coordination

Manage your healthcare needs including: Mental Health, Physical Health and Substance Abuse

- Mental Health Association, 16 Main Street, Hempstead (516) 489-2322
- The Jewish Board, 175 Fulton Avenue, Hempstead (516) 505-2003

### Children's Housing

- Lakeview House, Family & Children's Associations, 392 Holly Place, West Hempstead (516) 678-5991  
(*Co-ed home ages 13-18 must be referred through SPOA*)
- Mercy First – Merrick House, 2421 Babylon Turnpike, Merrick (Group home for males 8-13 with psychiatric diagnosis) (516) 868-6555

### Residential Treatment Facilities

- Mercy First, 525 Convent Road, Syosset (516) 921-0737
- Madonna Heights Services, 151 Burrs Lane, Dix Hills (Group home for females 13-17) (631) 643-8800

### Detoxification and/or Rehabilitation Centers (Substance and/or Alcohol)

- Adolescent Service Unit, 101 St. Andrews Lane, Glen Cove (516) 674-7852
- Drug Treatment of Education Center, 300 Community Drive (Detox, Outpatient Services) (516) 562-3010
- Freeport Pride, Inc., 33 Guy Lombardo Avenue, Freeport (516) 546-2822
- Long Beach Reach, Inc., 2-12 West Park Avenue, Long Beach (516) 889-2332
- Port Counseling Center, Inc. 225 Main Street, Port Washington (Detox by Referral) (516) 767-1133
- Southeast Nassau Guidance Center, Inc., 3375 Park Avenue, Wantagh (516) 781-1911
- Tempo Group, Inc., 112 Franklin Place, Woodmere (516) 374-3671
- (YES) Youth Environmental Services Community Counseling Service, 75 Grand Avenue, Massapequa (516) 799-3203